

Researcher Spotlight –

The Steadman Clinic and Philippon Research Institute

We are pleased to announce that The Steadman Clinic and Steadman Philippon Research Institute received a national grant award from the Society for Minimally Invasive Spine Surgery entitled: Lumbar Decompression: A Prospective Comparison Between Endoscopic and Tubular Techniques on Outcomes for Patients with Central Canal or Foraminal Stenosis (Investigators Sonny Gill, MD; Michael Gallizzi, MD; and Sahil Garg). The minimally invasive nature of both procedures allows for the reduction of iatrogenic instability through the preservation of the posterior lumbar musculature and ligamentous structures. With theoretical benefits of both procedures due to the variations in the approach to the spinal canal and smaller surgical footprint, little evidence exists to statistically prove superiority of one procedure over the other.

This study has been IRB approved and will include 60 subjects who are candidates for a single level lumbar decompression. Subjects will be assigned to the tubular decompression or endoscopic decompression group based on the provider they have chosen during their preoperative visit minimizing inter-group variability. Findings will help to substantiate the precedent of minimally invasive surgery techniques and to aid in guiding existing surgeons wishing to expand their scope of practice. Not only will the success of the decompression be substantiated with patient-reported outcomes, the durability of the results will affirm the rationale of choosing surgical decompression when non-operative means do not provide neurologic recovery.



Photo credit: Visit Vail Valley

RCOI Policy Education Launch – January 16th

Public Health Service (PHS) Financial Conflict of Interest regulations require all researchers be educated on the organizations RCOI policies at least every 4 years.

Starting January 16th all researchers must complete a brief educational training on the RCOI policies through the electronic platform- Elsevier. The research community will have 30 days to complete the training. Automatic emails will be sent out on January 16th notifying you of the training assignment. The training should take no more than 10 minutes to complete.

2024 Research Conference

This year Vail Health HRPP hopes to host a research conference for our research community to attend. To compose the most intriguing conference we are hoping for your feedback! Please complete this [survey](#) to help us structure the day. We appreciate your input.

Upcoming Coordinator Meeting Dates

January 11th
February 8th
March 14th

Our coordinators meeting run about a half hour starting at 12pm. If you would like to be added to the meeting invites, please email the irboffice@vailhealth.org.

Upcoming RCOI Meeting Dates

January 31st
March 11th
May 13th

Our Research Conflicts of Interest Board meets the second Monday every other month. If there are any RCOI questions, please contact researchconflictinterest@vailhealth.org.

Submission Turnaround Times The latest updates

Total number of submissions for 2023: 489 submissions
(Includes all submission types)

142 Active Protocols

Full Board reviews: 17 days
Expedited reviews: 1 days
Exempt reviews: 1 days

*Calculated based on the time the IRB receives complete submission to approval. Includes times in data entry, department review, IRB pre-review, review, and post processing

Upcoming IRB Meetings Schedule

January 11th
February 8th
March 7th
April 4th

*Agendas for meetings are sent one week prior to the meeting date. Only studies ready for Full Board review are assigned to the meeting agenda.

Contact Us Anytime We are here to help!

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